

## The ideal way for you to become a Counsellor...



Course Prospectus

## BachelorofCounselling

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## Welcome

Thank you for your interest in gaining a tertiary counselling qualification with AIPC.

Counselling is recognised as one of the most personally and professionally rewarding careers. And the need for counsellors in Australia has never been greater. Increasing societal pressures and eroding values have created a massive need in our communities for qualified counsellors.

This need is evidenced by a recent Australian Labor Force Survey indicating the Counselling profession has outgrown All Other Occupations by more than 200%. And the industry employing counsellors, the Community Services and Health Sector, is predicted to be the fastest growth industry over the next 5 years. It is further supported by the increased funding being made available to community and welfare organisations to provide counselling and support services to the community.

As you can see, the demand for counsellors is high, and continuing to grow. It's this demand that's creating a lot of career opportunities for you in this rewarding field.

As a counsellor with a Bachelor of Counselling, there are many opportunities for you as an employee or in private practice. You can make a real difference in areas such as grief and loss; relationships; abuse; youth and adolescents; family; stress; trauma recovery; addictions; mental health and many more.

We've helped people from all sorts of backgrounds become counsellors. Our tertiary students come from a variety of backgrounds. Some are seeking to acquire counselling skills as an adjunct to their core profession, such as teachers, nurses, ministers of religion, corrective services officers and administrators. Some are seeking a fresh start in a rewarding profession. While others already have a vocational counselling qualification and are looking to supplement this with a tertiary qualification.

Irrespective of your reasons to contact us, it's your natural desire and ability to help others that we seek to evolve and formalise through our tertiary education. AIPC's Bachelor of Counselling provides a flexible and affordable alternative to traditional tertiary education offered by Universities.

Over the past 17 years we've helped over 50,000 people from 27 countries pursue their goal of becoming a professional counsellor. Training counsellors is our sole focus. And this focus gives us some very unique insights into the needs of the industry.

We have a dedicated team of over 80 psychologists, counsellors, curriculum writers, educators and industry representatives, whose sole purpose is to ensure our courses are of the highest educational value.

And since its inception, AIPC has been a leader in the area of external or distance learning.

We understand that in today's fast paced world it can be difficult to find the time to gain a qualification. For this reason we have a strong focus on making our programs as accessible to your needs as possible.

Our Bachelor of Counselling can be studied either full or part time, allowing you to progress through your course at a speed that suits you... from as little as 3 years if studying the course full time, or you can take up to 10 years if studying part time.

Our courses are completed externally by working through your course material at home. This is particularly useful if you have other obligations in your life that occupy your time. "Two years ago I never thought I would be a counsellor, it was the furtherest career choice from my mind. I quickly realised the cut and thrust of ruthless competitors and deadlines was in complete contrast to the caring and sensitive side of my nature that was being battered by profit and loss statements.

Since I took this step I have not looked back, and I know deep within myself to the core of who I am that I have finally found what I was looking for in life."

Darren Radley

So, no matter where you live or how busy you are, we make it possible for you to achieve your tertiary counselling qualification.

Thank you so much for taking the time to learn more about AIPC and our Bachelor of Counselling.

Kind regards

Sandra Politio

Sandra Poletto Chief Executive Officer

PS As counselling is one of Australia's fastest growing industries, I'm sure you'll find a career in counselling offers you a variety of exciting and fulfilling employment opportunities.



"I had always been intrigued by the concept of a counsellor as a helper of people, and I found that university did not suit and was not very user friendly. I was most impressed with the professional approach used and the course design, and I decided to enrol.

I have commenced work in industry as a counsellor with a provider company, and work with an excellent team. The background provided by AIPC has been an excellent tool in my work in industry.

Best wishes to everyone studying with AIPC – you will get there, and then you will get such a sense of achievement and satisfaction when you finish your course. It truly is worth every minute."

Maureen Williams

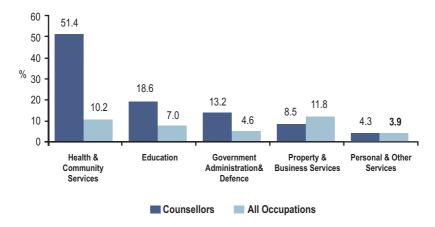
## Counselling: The Fastest Growing Industry Sector In The Country

There has never been a better time for you to become a counsellor. The need for counsellors in Australia has never been greater. As a qualified counsellor you'll be doing what you love, and have the security of knowing there are many opportunities for work and self employment.

This is evidenced by the February 2006 Australian Bureau of Statistics Labour Force Survey, which highlighted that over the last few years the counselling profession has grown at a rate of 23.1%; outgrowing All other Occupations by more than 200%. And the industry employing counsellors, the Community Services and Health Sector, is predicted to be the fastest growth industry over the next 5 years.

The Community Services and Health industries underpin the national economy and workforce. They are the 4th largest employer group, the 2nd fastest growing industry over the last 5 years, and has the fastest industry growth rate predicted in the next 5 years (DEWR 2005).

The demand for counsellors creates significant opportunity for you in this rewarding field. As a counsellor you can be employed in the Community Services and Health fields, or even set up your own private practice. Either way, you can make a real difference helping people in your community.



#### Graph 1 – Main employing industries

(Source: http://www.jobsearch.gov.au/joboutlook/default.aspx?PageId=SpecOccCat&CatCode=108)



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"I definitely consider myself to have had the opportunity over and over to put some of the skills I was learning to great use in helping others deal with the tragedies they were going through. The last four and a half years have certainly been a time of selfdevelopment for myself due to the subjects we covered. I was able, through my studies, to find my strengths and draw on them when they were most needed. AIPC has a wonderful support team so no matter how hard the road is, keep going! It's worth it in the end and the skills you learn are valuable tools for life."

Counselling... an enriching career

It's rare these days to hear people talk about their work with true passion. You hear so many stories of people working to pay the bills; putting up with imperfect situations; and compromising on their true desires.

That's why it's always so refreshing to hear regular stories from graduates living their dream to be a counsellor. They're always so full of energy, enthusiasm and passion. There's no doubt that counselling is one of the most personally rewarding and enriching professions.

Just imagine someone comes to you for assistance. They're emotionally paralysed by events in their life. They can't even see a future for themselves. They can only focus on their pain and grief. The despair is so acute it pervades their entire life. Their relationship is breaking down and heading towards a divorce. They can't focus on work and are getting in trouble with their boss. They feel they should be able to handle their problems alone, but know they can't. It makes them feel helpless, worthless. Their self esteem has never been lower. They're caught in a cycle of destruction and pain.

Now imagine you have the knowledge and skills to help this person overcome their challenges. You assist to relieve their intense emotional pain. You give them hope for the future. You assist them to build their self esteem...

As a counsellor you can experience these personal victories every day. And it's truly enriching. There is nothing more fulfilling than helping another person overcome seemingly impossible obstacles.

Michelle Lees

#### Learn about yourself

Life can be challenging at times. We're forced to confront issues we're not prepared for. Unfortunately, we're not born into this world with a user manual. We're required to go through life doing the best we can. Sure we have friends and family to help us, but they're also just doing the best they can.

A wonderful benefit of becoming a counsellor is the self-learning. Becoming a counsellor is an enjoyable journey of self discovery. Counselling is a science of personal effectiveness. An understanding of counselling principles provides you with a clear understanding of yourself, as well as those around you.

As a counsellor you'll understand why you feel, think and behave as you do. And you'll be able to implement strategies in your own life so that you're happier, healthier, and more able to face life's challenges. "My main work is with the Yolngu people who are the Aboriginal people of the Nhulunbuy area, and I am the alcohol and drug educator/counsellor. The course gave me so much assistance in my job. As I went on learning, I was able to understand and help people work through issues.

One of my main roles in my work is community development so people are occupied with something other than alcohol and other drugs. To do this you need to overcome a huge false belief that these people have of being useless and needing to depend on social security. Their real needs are in coping with anxiety, depression and overcoming low self esteem and I now have some tools to help. As a result, I have helped establish an Alcohol and Drug Education Unit in one of the communities."

Stephen Johns



## A Long History Of Helping

The Australian Institute of Professional Counsellors (the Institute) was Australia's first, and still is the only exclusive, national provider of counsellor education. Our focus is the same today as it has always been – to provide you with the highest quality counsellor education with a full range of student and graduate support functions.

It's due to this focus we've become Australia's National Home Study Counselling Specialist. Studying with the Institute you get more value because we don't pass on expensive campus costs; more flexibility because you can study your course externally on a full or part time basis; and more individual support through our diverse support services. You also get high quality education from the specially designed course material that enhances your learning experience.

The standard of counsellor education set by the Institute is exceptionally high. All Institute lecturers and academic staff for our tertiary programs have their principal post graduate tertiary qualifications in Counselling, Psychology, Behavioural Science or another appropriate discipline, and all meet national registration requirements. Institute lecturers also have several years practical counselling experience combined with recognised instructional skills.

Over 50,000 students in 17 years, in over 27 countries have been delighted in their counselling qualification.

It's been a wonderful journey over the last 17 years (the Institute was first established in 1990). And it's been a pleasure to assist so many people realise their

- Our courses and personnel have just ONE specific focus... Excellence in Counselling Education. We live and breathe counselling education. Nothing distracts that focus.
- 2. Exceptional value for your education investment. Our courses are always much more affordable than other counsellor education providers. Our unique focus on counselling education, the large number of students undertaking our programs, and the external delivery of our courses provide cost savings that we pass on to you. Providing exceptional value in counselling education has been a cornerstone mission of the Institute from the day we began some 17 years ago.
- 3. The flexibility to study where, when and how you want to. Our programs are designed to be as flexible as tertiary counselling education can be. This allows you to fit your studies around other commitments. And you can progress through your Bachelor of Counselling course at a pace that suits you... from as little as 3 years if studying the course full time, or you can take up to up to 10 years if you want to study at a slower rate or defer your studies at various times during your course. You decide, because you are in charge.

No two people have the same circumstances. You no doubt have issues affecting your life that are unique to you and affect the speed and manner you'd like to progress your studies. You may be working full or part-time, undertaking other studies, or may not have studied for a while. Let's face it, life is not predictable and in today's fast paced world it's important that your education is flexible enough to fit in with your other important obligations. "Throughout my studies, life continually got in the way and I learned to just put my studies aside, deal with the issue and then refocus. I also learned the value of volunteer work during my studies and the fact that the opportunities are not going to pick up the phone and call you – you have to take the initiative."

Patricia Baird

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"Studying with AIPC whilst at home raising two children and running a household empowered me as a woman, I craved and needed something to stimulate myself during the day once all the housework was done and the children were happy. Studying with AIPC has made me understand more about human behaviour in a selfless and insightful way.

Looking back I'm very grateful for the encouragement AIPC provided me at a time that I needed to get me where I am today."

Davina Gleeson

### Learning that fits around your lifestyle

Today there are more and more demands on your time. Gaining a qualification can be difficult when you have to fit it around other commitments.

Most course providers still design their courses using traditional methods. That was fine 10 years ago when most students studied full time. Today we don't have that luxury. You need to fit competing career, family and lifestyle needs into the same hours.

That's why the Institute focuses on external education. Our learning methods have evolved with the times. Our teaching methods set a precedent in flexibility and support. This means you can fit your learning around your lifestyle whilst maintaining exceptional levels of quality and support.

Institute courses are designed to maximise your learning from home. You can progress at your own pace, and assessment is progressive. And the specialised course material and extensive support provide you with all the expert support and advice you need.

## Your Home Study Program

Whilst our tertiary program is external, we make no compromise on quality. Our teaching strategies have evolved over 17 years. We've developed a uniquely successful external study program. Students studying by distance education have unique needs and study requirements. By listening to, and continuously applying feedback from our students, we've been able to implement many pioneering strategies that make our Bachelor of Counselling flexible, supportive, enjoyable and high value.

Some of these benefits include:

- Specifically written and easy to understand study material, including study guides and readings, all purposefully designed to make your external studies as conducive to learning as possible.
- You have unlimited use of the Toll Free 1300 Study Assistance Line, which puts you in contact with your Lecturer who will answer all your study and assessment queries.
- A Virtual Campus website where you can obtain study assistance, access the Institute's Online Library, submit assessment and review interesting links. The Online Library has been specially developed to provide you with easy access to counselling texts and resources to support your external counselling studies. You can search the catalogue of the Institute's counselling texts and resources, and submit your borrowing requests online. Once availability has been confirmed, our library staff will post the text or resource to you within one working day of receiving your borrowing request. The Online Library also provides complimentary access to Proquest Psychology Journals, a database of electronic journals that gives you access to full text articles from 425 current journals in the field of counselling, psychology and related areas.
- Residential Schools that teach you to apply your theoretical knowledge to counselling scenarios. Residential Schools are held in Brisbane, Australia and are scheduled at the end of each semester. Depending on the numbers of subjects you have undertaken during the semester, Residential Schools are up to one or two weeks duration. Residential Schools provide you with an ideal teaching forum to handle practical counselling issues. You also meet and share ideas and experiences with fellow students, and have the opportunity to reflect on the development of your counselling skills.
- Work placements where you undertake clinical practice and apply counselling theory and knowledge to real life counselling situations. Placements enable the development of clinical skills in a supportive, professional context. The Institute will source a suitable organisation in your local area and facilitate the arrangement of the placement.



## Why Institute Courses Are So Well Accepted

You're much better off learning from a specialist than a generalist.

Many universities and private providers deliver many courses in a variety of different areas. This may work for them commercially, but it can also jeopardise the quality of education.

The Institute specialises in educating counsellors. It's all we've done for over 17 years. This gives us a very unique insight into the industry. And it translates into highly applicable training.

The Institute's tertiary course has been developed by a team of highly qualified and experienced counselling academics and professionals. We've invested significant time in developing a Bachelor of Counselling that intricately and progressively teaches key counselling theory and applications to provide graduates with a strong, thorough knowledge and skill base.

All this is combined with our external teaching methods which have been refined over 17 years, implementing pioneering teaching techniques, and integrating enormous amounts of feedback. Part of our mission as Australia's Home Study Counselling Specialist is to continue to research and develop ways to enhance your skills as a counselling professional. Each year the Institute dedicates an enormous amount of time and resources to ensure our program is the most up to date, professional, applicable education of its kind in Australia.

We recognise that if we are to evolve as better professionals, our education programs must also evolve to be consistent with the environment in which we live and work. By maintaining the currency and relevance of our programs, we guarantee the value of the services our graduates are able to provide clients and those around them.

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"One aspect that really impressed me was the practical nature of the study program. It seemed every unit exercise or assignment had a practical emphasis or application in the "real" world. Theory for theory's sake rarely applied. The practical aspect really impressed my wife too who often complained of not getting enough practical exercises through her psychology major or the Master of Counselling she is currently enrolled in. Today, the practical component helps me every time I sit with a client."

**Darren Radley** 



You Are Supported By The Largest Team In Australia

The Institute sets the benchmark for service and support in external counselling studies in Australia. We are the only counselling educator in Australia to offer a complete external study support system, developed over many years of research and continuous feedback from students.

## External doesn't mean distant

Whilst we specialise in external education, support is always close at hand through phone call or email. No matter where you live, our dedicated academic and administrative staff are keen to assist you with your needs.

# Toll Free Study Assistance with Degree qualified Education Advisers

You have unlimited access to the Institute's Toll Free 1300 Study Assistance Line. Our Masters-qualified Lecturers are available between 10am and 2pm A.E.S.T. on Monday and Tuesday each week, and 9am to 1pm on Thursdays. Their focus is to assist you with academic support throughout the semester. This includes providing teaching and guidance on specific concepts if you feel you need further explanation, clarifying questions on assignment topics, and personal coaching on assignment writing.

You are also able to email your Lecturer at any time with your study query and will receive a response within one working day.

## **Practical Experience**

The Bachelor of Counselling is structured to ensure you graduate with a high level of practical skill so you can apply your counselling knowledge with confidence. Some subjects of the course require



Popi Rawlings

attendance at compulsory Residential Schools covering a range of topics including Micro Counselling Skills, Counselling Therapies, The Counselling Process, Reflective Practice, Relationship Counselling, Family Counselling, Grief Counselling, Domestic Violence and Abuse, Working with Children and Adolescents, and Group Work.

The Residential Schools are scheduled at the end of each semester and conducted from our academic rooms in Brisbane, Australia. Residential Schools are a great opportunity to get together with fellow students and participate in casework sessions under the guidance of your Lecturer. To help facilitate your learning, our Residential Schools use case scenarios relating to everyday, contemporary issues and provide a wonderful supportive forum for group discussion, interaction and reflection.

#### Work Placements

The Bachelor of Counselling includes two counselling practicum subjects where you undertake clinical practice in a work setting. Work placements are essential in assisting the transition from application in a simulated setting to real practice.

The Institute has a network of community organisations and counselling practices to approach to set up the placement for you. The Institute facilitates initial contact between you and the placement organisation, and follows up with you and the workplace supervisor regularly during the placement.

### Teleclasses

Some subjects within the Bachelor of Counselling include progressive participation in Teleclasses. Teleclasses provide an interactive and stimulating teaching environment based on discussion of concepts and ideas to encourage the transition from teaching to practice. Teleclasses are scheduled during early evenings and are facilitated by the Lecturer.



"The lovely people at AIPC, the administration team and student support team have been amazing in their support and guidance and I have nothing but the highest praise and regard for them. These are the people with whom as a student you have the most contact with and they are all, each and every one of them, truly amazing people with an unenviable burden of encouraging and stimulating the lethargic and tired student. It has to be said that without their tireless enthusiasm, many a student would have crumbled at the roadside "

**Brian Rhodes** 



"With the flexibility that external study with the AIPC allowed I was able to stay home and care for my young son, yet still feel 'productive' and 'challenged'. Trying to fit in study time and single parenting was pretty challenging itself at times but we got there in the end. To have come from a time in my life of feeling so lost to `now' is an amazing feeling. Studying with the AIPC has opened my eyes and my heart to who I really am. what I want out of life and the foundation skills that I need to reach my goals. Thank you to all the staff at AIPC for your invaluable support and guidance."

**Brooke Shoesmith** 

#### Institute Web Site

The Institute website contains an Online Resource Centre where you can access many study support and e-learning functions. You can:

- Contact your Lecturer for study assistance;
- Log onto the Institute's Online Library to search and borrow from the Library Catalogue and access the Proquest Psychology Journals site.
- Download details of Residential Schools and Teleclasses.

#### Unique Resources to expand your learning

The Institute has developed a range of unique resources to help you expand your knowledge and practical skills throughout your studies.

As a student you receive a complementary subscription to The Professional Counsellor magazine. The Professional Counsellor is an industry publication full of practical case studies and counselling scenarios to hone your skills and broaden your knowledge.

The Institute also has a large reference list of books and resources for students who wish to broaden their reading. This list covers the areas of Counselling, Psychology, Sociology and Behavioural Science.

Capitalising on the accessibility of the internet, the Institute has developed two websites to complement your studies. The Institute's Articles site at <u>www.aipc.net.au/articles</u> is an online facility where you can browse numerous articles on a variety of counselling topics. And Counselling Connection, the Institute's official blog at <u>www.counsellingconnection.com</u>, assists you with accessing the latest information about counselling and what's happening in the industry.

## Your Most Cost Effective Path To Become A Counsellor

Considering everything you've read about the Institute, our support systems and personnel, you may find it difficult to understand how our courses are also the most competitively priced courses available.

It seems ironic, but so many people enquiring about our programs ask, "How can you offer all this and be the most competitively priced course of its kind?"

Equivalent Bachelor courses at a university or other private providers cost between \$30,000 and \$42,000 (see comparative table below). But, you don't have to pay these exorbitant amounts for an equally high quality tertiary qualification in counselling.

You can do your Bachelor of Counselling with the Institute and save a massive \$6000+ on the cost of doing a similar course at university.

- You'll gain a Counselling-specific tertiary qualification for at least 20% less.
- You'll have more personal support from our large team of highly qualified professional Lecturers and academic staff.
- And you'll have greater flexibility to fit your studies around your life commitments.

University/Provider	Course	Full Fee
AIPC	Bachelor of Counselling	\$24,200 (\$1,100 per subject)
Southern Cross University	Bachelor of Social Science (Counselling)	\$30,240 (\$1,260 per subject)
Australian College of Applied Psychology	Bachelor of Applied Social Science (Counselling)	\$33,480 total (\$1,395 per subject)
Edith Cowan University	Bachelor of Arts (Psychology & Counselling)	\$36,540 (avg. \$1522.50 per subject)
Sunshine Coast University	Bachelor of Social Science (Counselling)	\$42,727 (\$1,664 to \$3,300 per subject)

\*Comparison is made between tuition fees for full fee-paying students.

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# How Does The Institute Deliver The Courses At Such A Reasonable Rate Without Sacrificing Quality?

Have you ever been to a University campus? Beautiful aren't they. All the magnificent buildings spanning across acres of gardens. There are cafeterias, gyms, games rooms and sporting fields.

Yes, they're beautiful, but they cost a FORTUNE to run. And this contributes to how much their courses cost. When you study at a university your course fees are contributing to the cost of running that beautiful campus. And that's one of the reasons why a university qualification costs **up to 50% more** as the same qualification through the Institute. It has nothing whatsoever to do with quality of education.

If you want to gain the same qualification, but don't want the massive surcharge that comes with studying at University, you have an alternative.

Let's visit some advantages to learning with the Institute:

- We don't have massive campus' to maintain; hence the investment in our programs is significantly less, saving you thousands.
- Because we focus solely on counselling, we have more qualified counselling lecturers than any other provider of counselling courses in Australia. Now that's a resource of knowledge and experience. Is there any wonder we're the leading provider of counsellor training in the country.
- We focus on external education. You can complete your qualification almost entirely at home. You have lots of support systems and staff so you'll never feel isolated.
- Institute higher education staff are required to be as highly qualified and experienced as university staff.

If you want comparable graduate education with more flexibility and personal support, yet don't want to pay a massive financial surcharge for campuses ... then learning with the Institute is your only logical choice.

## Your Training Pathway

The Institute delivers training at 4 academic levels: Diploma, Bachelor, Vocational Graduate Certificate and Vocational Graduate Diploma. The level you decide to study at depends on how quickly you want to be working as a counsellor; and your previous qualifications and experience.

If you have no prior qualification or experience, it's recommended you begin training at Diploma level. Diploma level training is extremely practical. It'll provide you with excellent foundation knowledge and skill. Most industry associations, including the Australian Counselling Association, will immediately recognise your qualification.

If you already have a counselling qualification or experience, and want to advance your learning, you can do so through the Bachelor, Vocational Graduate Certificate or Vocational Graduate Diploma.

Regardless of your present level of experience, the Institute caters for your training requirements. Please refer to the 'Which Course Should I Study?' flyer included with this Prospectus for explanation of the flexible options available to commence or continue your counselling education.





## The Bachelor of Counselling...

## ...the ideal way to gain a tertiary counselling qualification

The Institute's Bachelor of Counselling is the perfect qualification to acquire tertiary counselling studies.

The Bachelor of Counselling is a careful blend of theory and practical application. Theory is learnt through user-friendly learning materials that have been carefully designed to make your studies as accessible and conducive to learning as possible.

The course and its subjects are structured to progressively develop your knowledge and skills from foundational, theoretical concepts through to more complex concepts and advanced skills and applications.

First year subjects focus on building a strong foundational knowledge and skill base including an overview of the counselling industry, the role of the counselling professional, philosophical tenets, counselling micro skills and counselling perspectives. You are encouraged to adopt an integrative approach to practice and develop your own counselling framework and helping philosophy.

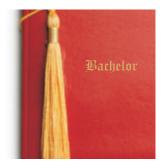
Second Year subjects focus on broader, contextual issues such as culture, social issues and theoretical frameworks that impact the client, the counsellor and the helping relationship. Ethical and legal issues are examined as they relate to the counselling relationship, and you start exploring the concept of your 'self' and reflective practice. The Third Year integrates specialist knowledge and skill with focused application in areas such as Grief Counselling, Group Work, Domestic Violence, Abuse, Working With Children, and Mental Health Issues. You will consolidate and extend your emerging practice framework and demonstrate a high degree of selfawareness and professional reflection skills.

On completion, you will have the capacity to apply counselling theory and skills in an intentional and mindful manner. You will have the ability to evaluate and apply a variety of counselling models according to the needs of your client. You will also have the ability to analyse counselling issues with consideration to broader social and cultural perspectives and will be equipped to make a natural transition into the role of Counsellor.

The Institute is approved to offer higher education courses. The Bachelor of Counselling is accredited by the Minister for Education and Training, the accrediting authority under the Higher Education (General Provisions) Act 2003.

The Bachelor of Counselling is also approved for Austudy and Abstudy and has received Course Recognition Status from the Australian Counselling Association (ACA), Australia's largest counselling representative body. As part of the Recognition process the course had to satisfy the Association on a broad range of issues including academic content, depth and relevance to the counselling industry. As a student or graduate of an ACA recognised course you will automatically qualify to join as a member of the ACA.

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me to go about earning a living whilst I learned my craft, while I always enjoyed feelings of inclusivity from the astute crew at AIPC. You were ALWAYS there when I needed direction, guidance, support and encouragement. What a client champion you are! All of your staff are stand-outs, and when this high human resource standard is replicated in the training system and materials you provide students. I am motivated to highly recommend the AIPC to any individual seeking to become a recognised. accredited and gualified counselling graduate who can confidently hit the boards running into the profession. In other words, if I can do it, so can YOU!"

Jan Burguez



Course Structure – Full Time Workload			
Subject Code	Subject Title	Prerequisites	
SEMESTER ONE (YEAR ONE)			
CO101	Introduction to counselling*	Nil	
CO102	Academic writing and presentation skills*	Nil	
CO103	Theoretical foundations of counselling*	Nil	
CO104	Micro counselling skills*	Nil	
SEMESTER	TWO (YEAR ONE)		
CO105	Developmental psychology**	Nil	
CO106	Counselling and diversity**	Nil	
CO107	Counselling therapies I**	CO103, CO104	
CO108	Social frameworks**	Nil	
SEMESTER	THREE (YEAR TWO)		
CO201	The counselling process*	CO104	
CO202	Reflective counselling practice*	Nil	
CO203	Counselling therapies II*	CO103, CO104	
CO204	Ethics, law and counselling*	Nil	
SEMESTER	FOUR (YEAR TWO)		
CO205	Relationship counselling**	CO104	
CO206	Theories of family counselling**	CO103, CO104	
CO207	Counselling practicum I**	All subjects from CO101 to CO204	
SEMESTER FIVE (YEAR THREE)			
CO301	Research methods*	CO102	
CO302	Grief counselling*	CO104	
CO303	Working with children and adolescents*	CO104, CO105, CO201	
CO304	Domestic violence and abuse issues*	CO104, CO201	
SEMESTER	SIX (YEAR THREE)		
CO305	Group work**	CO104, CO201, CO204	
CO306	Counselling and mental health**	CO105, CO204	
CO307	Counselling practicum II**	All subjects from CO207 to CO304	
- EXIT POIN	IT - BACHELOR DEGREE -		

 The information included in these Course Outlines is indicative of the final curriculum but may not necessarily contain all units necessary for completion of the course. The Institute periodically revises the Bachelor curriculum to maintain its position at the forefront of the counselling industry. Any changes, upgrades or expansions to the curriculum will be instigated in such a way that your studies are affected as little as possible.

\* Subjects are available in Semester One of each year only

\*\*Subjects are available in Semester Two of each year only

Course Structure – Part Time (50%) Workload				
ubject Code	Subject Title	Prerequisites		
SEMESTER ONE (YEAR ONE)				
CO101	Introduction to counselling*	Nil		
CO102	Academic writing and presentation skills*	Nil		
SEMESTER	TWO (YEAR ONE)			
CO105	Developmental psychology**	Nil		
CO106	Counselling and diversity**	Nil		
SEMESTER	THREE (YEAR TWO)			
CO103	Theoretical foundations of counselling*	Nil		
CO104	Micro counselling skills*	Nil		
SEMESTER	FOUR (YEAR TWO)			
CO107	Counselling therapies I**	CO103, CO104		
CO108	Social frameworks**	Nil		
SEMESTER	REFIVE (YEAR THREE)			
CO201	The counselling process*	CO104		
CO202	Reflective counselling practice*	Nil		
SEMESTER	SIX (YEAR THREE)			
CO205	Relationship counselling**	CO104		
CO206	Theories of family counselling**	CO103, CO104		
SEMESTER	SEVEN (YEAR FOUR)			
CO203	Counselling therapies II*	CO103, CO104		
CO204	Ethics, law and counselling*	Nil		
SEMESTER EIGHT (YEAR FOUR)				
CO207	Counselling practicum I**	All subjects from CO101 to CO204		
SEMESTER	NINE (YEAR FIVE)			
CO301	Research methods*	CO102		
CO302	Grief counselling*	CO104		
SEMESTER	TEN (YEAR FIVE)			
CO305	Group work**	CO104, CO201, CO204		
CO306	Counselling and mental health**	CO105, CO204		
SEMESTER	ELEVEN (YEAR SIX)			
CO303	Working with children and adolescents*	CO104, CO105, CO201		
CO304	Domestic violence and abuse issues*	CO104, CO201		
SEMESTER	TWELVE (YEAR SIX)			
CO307	Counselling practicum II**	All subjects from CO207 to CO304		
- EXIT POI	NT - BACHELOR DEGREE -			



### Subject Descriptions

#### **First Year Subjects**

#### **CO101 Introduction to Counselling**

Introduction to Counselling provides a foundational framework to analyse issues in contemporary counselling practice. You are introduced to the history and philosophy of counselling theory and practice. Through critical analysis, you are encouraged to develop an awareness of the role and responsibilities of the contemporary counsellor and an understanding of client rights. You are required to reflect on the value of evidence-based practice and understand the significance of the counselling relationship, and reflect on the impact of cultural difference and diversity on the formation of a therapeutic alliance. This first year subject also provides an overview of counselling and the role of the counsellor and provides a foundation on which to build more specialised skills and knowledge in subsequent subjects.

## CO102 Academic Writing and Presentation Skills

Academic Writing and Presentation Skills focuses on the skills of academic writing, research and presentation. You will become familiar with research methodologies, referencing, structuring an essay, planning an argument and presenting information in an effective manner. You will also develop skills in reading and interpreting reports within the social sciences which assists in maintaining a current knowledge of key issues relevant to the counselling profession. You will also be introduced to the concept of reflective professional practice and participate in guided self-reflection. This first year subject provides the academic writing, research and reflective practice skills necessary for higher education studies. Theoretical Foundations of Counselling introduces the key theoretical perspectives that underpin counselling practice. You examine each major theoretical approach in terms of its concepts and applications in counselling. An integrative framework is considered and case studies are analysed to facilitate the application of theory to practice. This first year subject provides a foundation on which to build specialised knowledge and practice through second and third year studies.

#### **CO104 Micro-Counselling Skills**

Micro-counselling skills are essential for many professionals, particularly those working within the human services area. This subject explores the application of the key counselling micro-skills to therapeutic practice. You are required to demonstrate all key skills in role-play scenarios and are assessed on your ability to integrate these skills into a counselling interview. You are encouraged to critically evaluate your use of each counselling micro-skill and assess the effectiveness of your application of the skills in facilitating client change.

#### **CO105 Developmental Psychology**

Developmental Psychology introduces the cognitive, social and emotional theories of development across the lifespan. This subject delivers a comprehensive overview of the major developmental theorists such as Piaget, Erikson and Freud and prepares you for the practice of family, child and adolescent counselling in your final year of study.

#### **CO106** Counselling and Diversity

This subject facilitates a general exploration of the social divisions of gender, race, ethnicity, age, sexuality and ability. These divisions are explored in relation to their effect on the availability and access of support and counselling services to marginalised groups in Australia. Barriers in the application of appropriate counselling interventions are considered and you are encouraged to explore your own values, beliefs and assumptions in relation to marginalised groups and their portrayal in the media.

#### **CO107 Counselling Therapies I**

Counselling Therapies I introduces the practice of Person-Centred and Cognitive Behavioural Therapy. Both approaches are considered in terms of their underpinning philosophy and assumptions about human nature. You demonstrate the application of each approach in a role-play scenario. This first year subject builds a foundation for more complex application in subsequent therapy subjects.



#### **CO108 Social Frameworks**

Social Frameworks encourages students to study contemporary social issues through the application of Functionalist, Interactionist, Marxist, Feminist and Postmodern frameworks. These frameworks are expanded and applied to the role of the State, social inequity, the family, health, mass media, gender and ethnicity and their impact on the individual and groups within society. This first year subject provides a theoretical understanding of sociological theory and builds a foundation for future studies in mental health, community counselling and working with children and adolescence.

#### **Second Year Subjects**

#### **CO201 The Counselling Process**

The Counselling Process overviews the process of counselling from initial contact with the client to case closure. You explore personal fears, expectations and beliefs about what it means to be a counselling professional. The process of referral and case closure are considered along with strategies to monitor and evaluate your effectiveness as a counsellor. The requirements for completing paperwork and case documentation are also discussed. This second year subject provides a framework for practice that enables the application of more complex concepts in counselling, required in subsequent subjects.

#### **CO202 Reflective Counselling Practice**

This subject encourages reflection on personal experiences, values and beliefs within the context of counselling practice. You are required to analyse the use of Self in counselling and establish strategies for effective reflective practice. This subject teaches the value of reflective practice and provides foundational reflective skills for incorporation into future learnings in the second and third years of study.

#### **CO203 Counselling Therapies II**

Counselling Therapies II introduces the practice of collaborative, competency-based counselling. Students are required to develop an understanding of social constructivism as it relates to the role of the counsellor. Specific techniques from the narrative and solution-focused approaches are explored. This is a second year subject that builds a foundation for more complex application in subsequent therapy subjects.

#### **CO204 Ethics, law and counselling**

This subject develops a reflective and analytical understanding of the ethical, legal and practice issues emerging in, and specific to, the counselling profession. You cover the legal and ethical responsibilities of the counsellor and analyse dilemmas from the perspective of best practice. Relevant laws and ethical codes are analysed in relation to real-life examples from practice. This second year subject provides you with the ethical and legal framework to work in community and private settings.

#### **CO205 Relationship Counselling**

This subject introduces the process of couple counselling. The dynamics of intimate relationships are examined and you reflect upon a number of key approaches to relationship counselling. Common issues in couple counselling are considered and an integrative approach is applied to a role-play scenario. This second year subject builds on the foundational counselling frameworks and approaches acquired through first year studies to develop professional skills in working with specific client concerns.

#### **CO206** Theories of Family Counselling

This subject introduces the classic schools of family therapy. The contributions of leading family theorists are analysed and the impact of postmodern trends on the contemporary approach to practice are evaluated. Recent developments in family therapy are considered and you are required to demonstrate the application of an integrative approach to family therapy, incorporating techniques from contemporary approaches, such as solution-focused and narrative therapy. This subject builds on the foundational counselling frameworks and approaches acquired through first year studies to develop professional skills in working with specific family systems.

#### **CO207 Counselling Practicum I**

This subject provides the opportunity to work within the human service industry, providing invaluable experience and exposure to practical issues. You will develop assessment and intervention skills and further explore your own practice framework



under the guidance and supervision of an experienced practitioner. During the placement, you attend 24 hours of supervision to further develop your skills in reflective practice and intervention.

#### **Third Year Subjects**

#### **CO301** Research Methods

This subject equips you with the skills to research counselling issues, interpret reports and research papers, and collect and analyse outcome data. The development of these skills enable you to have an informed understanding of the benefits of research for the counselling industry, as well as developing practical skills in critical evaluation of existing research. With this knowledge, you are able to source empirical evidence to support methods of practice and keep up-to-date with industry standards.

#### **CO302 Grief Counselling**

This subject introduces the process of working with clients on issues of grief and loss. The major theoretical models of the grief process are examined and specific techniques and strategies for the facilitation of uncomplicated grief are applied. You learn the distinction between normal and complicated grief responses and reflect on the challenges of working with a family system in response to grief. This third year subject builds on the foundational counselling frameworks and approaches acquired through first and second year studies to develop professional skills in a specialised treatment area.

#### **CO303 Working with Children and Adolescents**

This subject provides an understanding of how to apply the strengths-based approach to facilitate change in children, adolescents and their families. This approach can harness individual and collective resources, facilitate change and empower families to shift ineffective behavioural patterns. This third year subject builds on the foundational counselling frameworks and approaches acquired through first and second year studies to develop professional skills in working with specific client groups.

#### **CO304 Domestic Violence and Abuse Issues**

Domestic Violence and Abuse Issues introduces practice frameworks for domestic violence and child protection, offers an overview of relevant legislation and defines core counsellor responsibilities in working with these clients. This third year subject builds on the foundational counselling frameworks and approaches acquired through first and second year studies to develop professional skills in a specialised treatment area.

#### **CO305 Group Work**

Group Work provides a framework for facilitating a group counselling program. Aspects of group planning, development, selection and facilitation are explored to equip you with the requisite skills for establishing effective group process. Advanced concepts of sub-cultures, transference and problematic members are addressed. You will demonstrate the ability to conduct group work and evaluate your performance on the basis of outcomes.

This third year subject builds on the foundational counselling frameworks and approaches acquired through first and second year studies to develop professional skills in working with specific client groups and group dynamics.

#### **CO306 Counselling and Mental Health**

This subject provides an insight into mental health conditions and their presentation in counselling. You will develop an introductory knowledge of indicators and support options for people with a variety of mental health issues. A variety of case studies will be considered from the perspective of support options and appropriate referral pathways.

#### **CO307 Counselling Practicum II**

This subject builds on the introduction and experience of practical issues offered in Counselling Practicum I. You will further develop your counselling skills in a relevant human service environment under the guidance and supervision of an experienced practitioner. Individual and group supervision via teleconference is also included to continue development of skills in reflective practice and intervention.



#### **Recognition of Prior Learning**

Graduates of the Institute's Diploma of Professional Counselling (Course Codes: 30073QLD or 30506QLD) receive credit for the following subjects in the Bachelor of Counselling:

Code	Subject Name
Coue	Subject Name
CO101	Introduction to counselling
CO104	Micro counselling skills
CO106	Counselling and diversity
CO107	Counselling therapies I
CO201	The counselling process
CO203	Counselling therapies II

Graduates and students of other accredited vocational counselling programs or counselling-related tertiary courses are encouraged to apply for credit of subjects. You can apply for recognition of up to a maximum of 8 subjects in the Bachelor of Counselling.

Recognition of Prior Learning applications incur a nominal RPL fee of \$50. If credit is provided, students are not required to pay the fee for the subject/s in which credit is obtained.

#### **Residential Schools**

The Bachelor of Counselling is structured to ensure you graduate with a high level of practical skill so you can apply your counselling knowledge with confidence. Some subjects of the course require attendance at compulsory Residential Schools covering a range of topics including Micro Counselling Skills, Counselling Therapies, The Counselling Process, Reflective Practice, Relationship Counselling, Family Counselling, Grief Counselling, Domestic Violence and Abuse, Working with Children and Adolescents, and Group Work. The Residential Schools are scheduled at the end of each semester and conducted by our principal academic staff and Lecturers from our academic rooms in Brisbane, Australia.

If studying full time, you complete between 5 and 10 days at a Residential School at the end of each semester. Not all subjects include a Residential School component. If you are studying part time, you only need to attend the days of the Residential School allocated to the specific subject.

The following table shows how much time is allocated for the Residential School for relevant subjects:

Subjects	Duration
Year 1, Semester 1	·
CO101 Introduction to counselling	2.5 days
CO102 Academic writing and presentation skills	2.5 days
CO104 Micro counselling skills	5 days
Year 1, Semester 2	
CO107 Counselling therapies I	5 days
Year 2, Semester 1	
CO201 The counselling process	2.5 days
CO202 Reflective counselling practice	2.5 days
CO203 Counselling therapies II	5 days
Year 2, Semester 2	
CO205 Relationship counselling	2.5 days
CO206 Theories of family counselling	2.5 days
Year 3, Semester 1	
CO302 Grief counselling	2.5 days
CO303 Working with children and adolescents	2.5 days
CO304 Domestic violence and abuse issues	5 days
Year 3, Semester 2	
CO305 Group work	5 days

\* The cost of attending and participating in the Residential School is included in the fee for the subject. Costs of travel to and from the Residential School, accommodation and other ancilliary costs are borne by the student.

Residential Schools are a great opportunity to get together with fellow students and participate in casework sessions under the guidance of your Lecturer. To help facilitate your learning, our Residential Schools use case scenarios relating to everyday, contemporary issues and provide a wonderful, supportive forum for group discussion, interaction and reflection.



#### Work Placements

The Bachelor of Counselling includes two counselling practicum subjects where you undertake clinical practice in a work setting. Work placements are essential in assisting the transition from application in a simulated setting to real practice.

Each Practicum involves the completion of 12 hours work each week for 12 weeks along with 24 hours to attend individual counselling supervision with the workplace supervisor and group supervision by teleconference with the Lecturer. The Institute has a network of community organisations and counselling practices to approach to set up the placement for you. The Institute facilitates initial contact between you and the placement organisation, and follows up with you and the workplace supervisor regularly during the placement to ensure everything is progressing smoothly.

## Who Can Enrol?

You can apply for entry to the Bachelor of Counselling course if you have achieved one of the following:

- A nationally recognised Diploma from any field of study; or
- Completed Year 12 or Higher School Certificate with at least a Sound Achievement in English; or
- Completed a year-long tertiary studies preparation program (eg Certificate IV in Adult Tertiary Preparation); or
- Completed at least 12 months of tertiary studies with a University or nonuniversity Higher Education Provider with a GPA of at least 4.0; or
- Achieved an overall score of at least 158, or a verbal subscore of at least 156, in the Special Tertiary Admissions Test (STAT).

The accompanying Application Form provides detail on the information and documents you need to provide to support your application for enrolment into the Institute's Bachelor of Counselling courses. You will need to include a short Essay describing why you would like to study counselling and your goals once you have completed the course, along with a letter from a Referee supporting your application for entry.

After receipt of your application and if your application meets the minimum educational requirements to gain entry to the course, you will be invited to participate in an Entry Interview which will help us to learn more about you and assist with determining if you are ready to commence tertiary counselling studies.

After the Entry Interview is conducted, your application is assessed on the information you have provided with your application and the responses from your Entry Interview.

The Institute only accepts one intake of students in March each year into the Bachelor of Counselling. You are able to send in your application for entry up until the date shown on the Application Form. All applications are assessed on a first in, first served basis and student numbers are limited so that we can maintain a low lecture:student ratio. So it is in your best interests to send in your application as soon as you have made your decision to apply for entry into the Bachelor of Counselling.



## Upon Graduation

Upon graduation, you'll receive a presentationstandard Bachelor of Counselling Certificate and a Transcript of Academic Record to signify your substantial achievement in finishing your qualification.

Graduates of the Bachelor of Counselling have the opportunity to continue further counselling studies with the Institute.

Bachelor Graduates automatically satisfy the educational entry requirements of the Institute's Vocational Graduate Certificate in Counselling and Vocational Graduate Diploma of Counselling courses. Further information about these programs can be obtained by contacting your nearest Student Support Centre or visiting the Institute's website at www.aipc.net.au.

Graduates from Institute courses also have the opportunity to become a Graduate Member of the Institute. As a Member, you will receive the Institute's quarterly magazine, The Professional Counsellor, order personalised stationery, take advantage of the Institute's Client Referral Service, and receive reduced rates for professional indemnity insurance.

The Bachelor of Counselling is also recognised by the Australian Counselling Association (ACA), so graduates also satisfy the training and education requirements for membership of the ACA.

It's important for you at this juncture to not only ask "Is this a good quality course?" but also "How does completing this course assist me to reach my desired counselling goals?"

The Institute is uniquely placed in the counselling industry to help you achieve your counselling aspirations. The Bachelor of Counselling equips you with the requisite skills and knowledge to be a qualified and respected Counsellor, and provides a sound basis for those graduates who choose to continue their counselling education.

# How our students and graduates rate our performance

The Institute is committed to continuous improvement. It's part of what makes us the best at what we do. To ensure we're providing the best counsellor education program available, we regularly survey our students and graduates to identify how they rate our performance in areas such as course content, service, administration and applicability of the course.

We are extremely pleased to note that responses are overwhelmingly positive. In fact, in all areas, responses ranged from 90% to 100% of respondents giving positive responses. This feedback is very important to us and signifies the high level of commitment the Institute has to making your studies enjoyable and worthwhile.

The survey also revealed that 96% of students found the Study Assistance Line to be a useful resource and 98% of students said the quality of the course either exceeded or met their expectations. "Wishing to become involved in the community, I applied for a paid position which was advertised in the local paper. Happily, I was selected for an interview. and was fortunate in being offered the job! I am delighted to say that I am now working on a permanent part-time basis as the Domestic and Family **Violence Court Support** Worker with a well-known **Oueensland** welfare organisation, and enjoying the challenge of the position enormously. However, whilst I feel privileged to have been offered this job. I also know that it didn't come about purely by accident. Rather, I had worked hard, gained the qualification I set out to achieve, and refused to become discouraged along the way by constant media reports that people over a certain age are continually overlooked by prospective employers!"

Judy Marshall

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## Frequently asked questions

## Can I work as a counsellor?

Yes. Upon completion of the Bachelor of Counselling, you'll be able to practice in all states of Australia. The Bachelor is recognised by the Australian Counselling Association, the largest counsellor registration body in the country.

#### What are the course entry requirements?

You are able to apply for entry to the course if you have completed:

- Year 12, HSC or similar and received a Sound Achievement (or equivalent) in English;
- An accredited Diploma course in any field;
- A year-long tertiary studies preparation program (eg Cert IV in Adult Tertiary Preparation);
- At least 12 months full time (or equivalent) tertiary studies with a GPA of at least 4.0;
- The Special Tertiary Admissions Test (STAT) and achieved a STAT overall score of 158 or better, or a verbal subscore of 156 or better.

#### How does the Institute assess my application?

After receipt of your application, and if your application meets the minimum education requirements for entry, you will be invited to attend an Entry Interview in person or over the phone. The Entry Interview is an ideal opportunity for Institute staff to get to know you better and learn more about why you would like to study the Bachelor of Counselling. Your responses to interview questions will be noted down and rated, and considered in conjunction with the rest of the information provided with your application.

## If I have studied before can I get academic credit toward the course?

If you have completed the Institute's Diploma of Professional Counselling you will automatically receive credit for 6 subjects of the Bachelor of Counselling. If you have completed other accredited counselling courses or subjects in a similar field, or have been working in a counselling related field, you may be eligible to gain exemption from certain parts of the course via Recognition of Prior Learning (RPL).

#### Do I have to complete my course in a specified time?

Yes. You are able to take up to ten years to complete your Bachelor of Counselling. During this time, you are able to study full time or part time depending on the other commitments in your life and how fast you would like to progress through your course. If you need some time off from your studies, you are able to apply to defer your studies by writing to the Institute. Students whose courses are funded by Austudy, other agencies, or employers, will need to be aware of specific guidelines set by their sponsor.

## When do I pay for my course?

When sending in your application for enrolment, you include an Application Fee of \$990. If accepted into the course, this fee is taken off the cost of your first semester. Each subject is currently priced at \$1100 and you are able to pay your total fee via 36 monthly payments, or pay for your subjects as you enrol into them within 14 days of the start of the semester. Students studying a full time workload are also able to pay their subject fees over 4 monthly payments during the semester.

## Will I be able to receive Austudy while I study my course?

The Bachelor of Counselling course is Austudy and Abstudy approved. To find out further details about your eligibility, please contact the Austudy Student Assistance Centre on 13 24 90.

## How do I apply for Austudy?

There are three simple steps to apply for Austudy. They are:

- 1. Contact the Austudy Student Assistance Centre on 13 24 90 to obtain information about your eligibility for Austudy and an Austudy Application Form.
- 2. Austudy requires a course commencement date to be submitted on your application. You receive this date the day a completed Application Form is received by the Institute.
- 3. The Institute sends you a commencement verification letter that you should attach to your Austudy application. You then mail or deliver it to the Austudy Student Assistance Centre.

### When can I enrol as a student?

We only have one student intake a year to commence early-mid March each year, so your application for enrolment will need to be sent in by the date shown on the Application Form. Applications are processed and assessed for eligibility on a first in, first served basis and our student numbers for this course are limited to ensure we have a suitable lecture:student ratio. So it is in your best interests to send in your application as soon as you have made your decision that you would like to study the Bachelor of Counselling.

#### Do you guarantee me a job when I complete my studies?

Institutions of learning such as ours cannot guarantee anyone a job. Think about other universities and colleges and you will understand the situation. Any person is far better off with an appropriate qualification than with no qualification at all.

Graduates of the Institute have found work as counsellors in government, industry and in the private sector. Counselling is one of the fastest growing industries in Australia and our graduates have a wonderful opportunity to become a part of this growing industry. Many of our graduates have successfully established their own full and part time practices as general or specialised counsellors

### Do I need to attend Residential Schools?

Yes. Residential Schools are an essential part of the learning process and assist the transition from theory to practice. Residential Schools are held at the Institute's academic rooms in Brisbane and are an ideal opportunity to practice and receive feedback on your practical counselling skills and participate in interactive discussion with other students.

## Are there any course costs other than those you have noted in this brochure?

There are nominal costs to purchase the textbooks you require for your subjects. Some other nominal fees are listed in the agreement section on the Application Form. The costs to attend Residential Schools are included in your course fees, however, you will need to keep in mind that travel to and from the Residential School, accommodation and any other ancilliary costs for attending the Residential School are borne by the student.

# How to commence your studies with the Institute

Application to become a student of the Institute is made by completing the Application Form enclosed and returning it with your supporting documentation and Application Fee to the address or fax number on the form. You can also enrol by visiting the Institute's website at www.aipc.net.au.

As a tertiary student of the Australian Institute of Professional Counsellors you are assured of a high quality, fully supported external study program. The Institute's dedication to maintaining affordable student fees, and a professional, contemporary and ethical approach to counsellor education, is your assurance that we place student wellbeing before all else.

The Institute is committed to supporting students and has documented this commitment in a number of student policies. The full version of the Bachelor of Counselling – Student Handbook is available at the Institute's website at <u>www.aipc.net.au</u>. The Institute recommends you read these policies prior to applying for enrolment.

Please contact your nearest Institute Student Support Centre as shown on the back page of this Prospectus if you require further information about studying with the Institute.



"In my first 2 weeks of serious job hunting I had 5 interviews, 3 permanent job offers and an offer of casual work - and they still keep calling... I start my new job next Monday - my dream job that I am so excited and terrified of I can barely breathe!

It is with the Regional Health Board as a drug and alcohol counsellor for the MERIT program - the Magistrates Early Referral into Treatment Initiative. A real counsellor! Can't decide whether I am more excited or scared but all in all I am thrilled."

Louise Gourley

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Notes

## Institute Student Support Centres

#### **HEAD OFFICE**

Locked Bag 15, Fortitude Valley QLD 4006 47 Baxter Street, Fortitude Valley Qld 4006 Phone: (07) 3112 2000 Fax: (07) 3257 7195 Toll Free: 1800 657 667

#### BRISBANE

PO Box 425, Carina 4152 336 Stanley Road, Carina Qld 4152 Phone: (07) 3843 2772 Fax: (07) 3843 3599 Toll Free: 1800 353 643

#### QUEENSLAND REGIONAL

PO Box 200, Moffat Beach Qld 4551 7 Mariner Place, Bokarina Qld 4575 Phone: (07) 5493 7455 Fax: (07) 5493 7466 Toll Free: 1800 359 565

#### GOLD COAST

PO Box 9069, Lighthouse Beach, Port Macquarie NSW 2444 Suite 2, Level 4 Kay House, 35 Scarborough St, Southport Qld 4215 Phone (02) 6581 5112 Fax (02) 6581 5117 Toll Free: 1800 625 329

#### **REGIONAL NSW**

PO Box 9069, Lighthouse Beach, Port Macquarie NSW 2444 1/34 Jindalee Road, Port Macquarie NSW 2444 Phone (02) 6581 5112 Fax: (02) 6581 5117 Toll Free: 1800 625 329

#### Sydney, NSW

PO Box 238, Parramatta NSW 2124 Level 2, Suite 21, 152 Marsden St, Parramatta NSW 2150 Phone (02) 9687 9688 Fax (02) 9687 9698 Toll Free: 1800 677 697

#### Melbourne, VICTORIA

GPO Box 417, Melbourne VIC 8060 Level 1, 337 Latrobe Street, Melbourne VIC 3000 Phone (03) 9670 4877 Fax: (03) 9602 3832 Toll Free: 1800 622 489

#### Adelaide, SOUTH AUSTRALIA

PO Box 3027, Rundle Mall PO, SA 5000 Level 10, GHD Building, 68 Grenfell Street, Adelaide SA 5000 Phone (08) 8232 7511 Fax: (08) 8232 4242 Toll Free: 1800 246 324

#### Perth, WESTERN AUSTRALIA

PO Box 631, Mt Lawley WA 6929 Suite 1, 110-116 East Parade, East Perth WA 6004 Phone (08) 9228 3026 Fax (08) 9227 6648 Toll Free: 1800 246 381

#### SINGAPORE

PO Box 631, Mt Lawley WA 6929 Suite 1, 110-116 East Parade, East Perth WA 6004 Phone +618 9228 3026 Fax +618 9227 6648 Toll Free: 800 1303 333

#### **NEW ZEALAND**

C/- New Zealand Institute of Professional Counsellors, DX Box 10627, Auckland NZ Phone +64 9 919 4500 Fax +64 9 442 2543



#### www.aipc.net.au